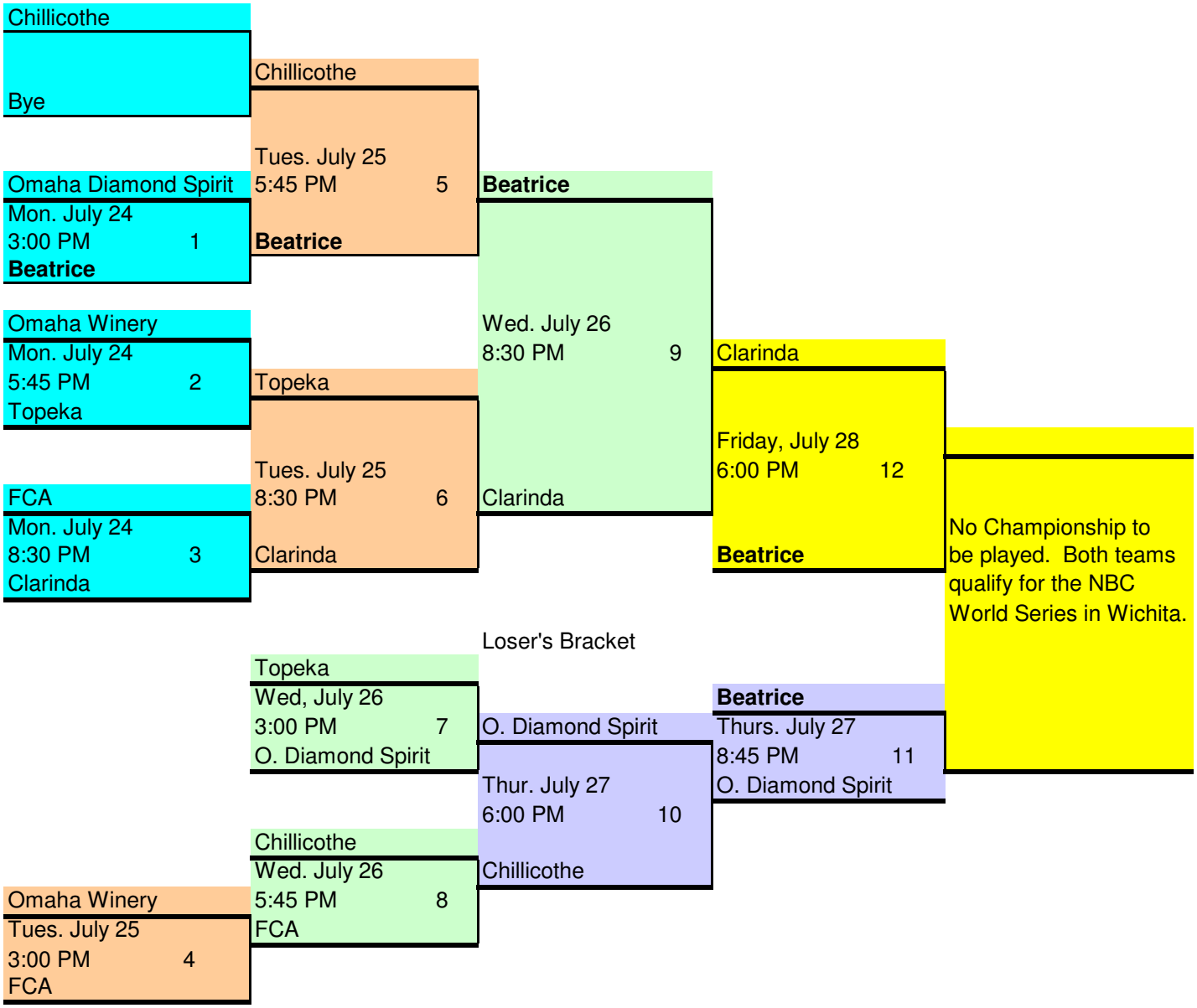NBC Central USA Regional Tournament